

# THE VERANO VOICE

OCTOBER 2024

COMEDY SHOW WITH SKIPPY  
FROM FAMILY TIES!

LIVERPOOL LEGENDS  
BEATLES TRIBUTE BAND

TRUNK OR TREAT!



**PGA**  
VILLAGE  
VERANO.

CLUBTALAVERA.COM

# CLUB TALAVERA

10291 SW Visconti Way  
Port St. Lucie, FL 34986

## CLUB TALAVERA HOURS

Monday - Sunday 8 AM to 10 PM

## ACTIVITIES OFFICE HOURS

Monday - Friday 8:30 AM to 5 PM

Saturday - Sunday 8:30 AM to 5 PM

10291 SW VISCONTI WAY

Port St. Lucie, Fl 34986

## POA OFFICE HOURS

Monday - Friday 9:00 AM to 4:30 PM

Closed 12pm to 1pm Daily

8313 Holley Tree Trail

Port St. Lucie, Fl 34986

## FITNESS CENTERS

5:00AM to 10:00PM

Doors will be promptly locked at 10 PM

## OUTDOOR POOL & CRESSWIND & RESISTANCE POOL

8 AM To Dusk

## INDOOR POOL

5:00AM to 10:00PM

Doors will be promptly locked at 10 PM



## LIBRARY

Seating available for reading.

Take a book home, when you are done bring it back to the Clubhouse Front desk.

## GUEST POLICY

- 4-guests per household/per day invited to use PGA Village Verano amenities **indoors & outdoor with the presence of the respective Verano resident at all times.** Guest waiver & wrist band(s) needs to be picked up at Clubhouse front desk with your guest(s).
- When booking a pickleball or tennis court, guests must be listed. **Guest's must be accompanied by the respective Verano resident at all times with Guest Wrist band and waiver.**

## GATHERINGS OR EVENTS

No alcoholic beverages or music at the Tennis or Pickleball Courts, Bocce, Basketball, Lounge, Patios and pool areas unless approved by Club Talavera management.





# MEET THE TEAM CLUB TALAVERA



**DOMINIQUE VERONICO**  
CLUB MANAGER, LIFESTYLE  
DIRECTOR



**LURIE HASEMANN**  
ASSISTANT  
LIFESTYLE DIRECTOR



**JEAN SAKOWSKI**  
EVENTS CONCIERGE



**JONATHAN TAYLOR**  
FITNESS CONCIERGE



**WAVERLY FOWLER**  
FITNESS CONCIERGE



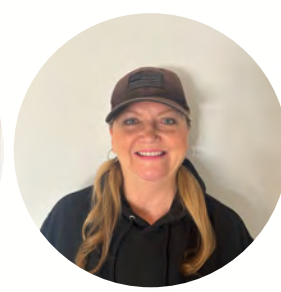
**DAVID DOUGLASS**  
MAINTENANCE  
SUPERVISOR



**GUADY ROSADO**  
MAINTENANCE



**ROGER HALL**  
MAINTENANCE



**JOAN KRESSIERER**  
EVENTS/FITNESS  
CONCIERGE

# MEET THE TEAM POA



**LINDA FRANCIS**  
PROPERTY MANAGER



**FRANK DUCI**  
FIELD MANAGER /  
ASSISTANT MANAGER



**GERRI ZEIGLER**  
OFFICE  
MANAGER



**CONNIE YEBER**  
RECEPTIONIST

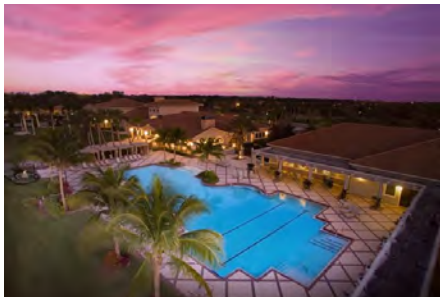
**FRONT DESK CONTACT:**

**CLUB TALAVERA 772-345-9312**

**POA OFFICE 772-345-1880**

**CLUBHOUSE MANAGEMENT AND  
VERANO VOICE PUBLICATION BY**





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Get your discount ID Card today!

Discount applies to merchandise, golf rounds at the golf club, food & beverage.

## HEIDI GEISER

Membership Services Specialist  
PGA Golf Club  
1916 Perfect Drive  
Port St. Lucie, FL 34986  
772.467.5480

## IMPORTANT NUMBERS

|                          |              |
|--------------------------|--------------|
| Front Desk .....         | 772-345-9312 |
| Alarm Monitoring .....   | 833-683-2855 |
| Animal Control .....     | 772-871-5042 |
| Chamber of Commerce .... | 772-340-1333 |
| FPL .....                | 772-287-5400 |
| Guard Gate.....          | 772-345-1801 |
| Lifestyle Director ..... | 772-345-9313 |
| Post Office PSL .....    | 772-873-0674 |
| Trash FCC .....          | 772-205-3356 |
| Verano POA Office .....  | 772-345-1880 |
| Water & Sewer .....      | 772-871-5330 |
| Lang Office .....        | 772-345-1880 |
| Emergency Support .....  | 877-242-8692 |
| Bluestream .....         | 772-205-6559 |

## FRIENDLY REMINDERS

- In the clubhouse proper attire must be worn.
- Main Pool, Resistance Pool & Cresswind Pool hours are 8am to Dusk.
- Guest(s) must have waivers & wristbands & be with host at all times. 4 Guests per household.
- You must be 18 years of age to sign in a guest(s). \*Fobs are for Residents only.\*
- Swim suits must be worn in pools & shower before entering pool.
- No rafts in the pool, no balls, no frisbees, no jumping in.
- Anyone under 16 years of age or younger in the pool or clubhouse must be supervised by an adult.
- Spa's are for 16 years of age (with adult) and above.
- NO eating or drinking in the pool Per Health Dept.
- (ONLY COMMERCIAL CLEAR WATER BOTTLES For Hydration). Per Health Department .
- Resistance pool is for Fitness. Must be 18 of age or older.
- Cards, Mahjong & other games in Card Room overflow will be in lounge and ballroom. Bring your own pillow for sitting on.
- You must cancel 5 days before an Event to receive a credit on your CourtReserve account.
- Guest policy to attend Events: Open for 1 guest per household, upon opening event on Court Reserve. Then 7 days before event to additional guest(s) up to 4 per household. (If not sold out) Must pay in advance via check
- Wrist bands for E-gym for residents only.

## HOW DO I SIGN UP FOR EVENTS, ACTIVITIES & RESERVE COURTS ONLINE?

Our Verano-resident official online booking system, CourtReserve, allows you to book your Tennis/Pickleball courts, Activities and Events.



App Looks like this



### REGISTER

- To Download the app, go to your App Store or Google store.
- Complete the Verano Resident Registration Form.
- Our community is listed as: **"PGA Village Verano"** (Type in Verano it will Auto-Complete)
- We will review it and approve it within 24 hours or less. (Be Patient).

### LOG IN AND BOOK YOUR EVENT OR ACTIVITY

- Once you are approved, you can start reserving.
- Pick an Event, an Activity, or Court or even a Ball Machine or Pro.
- You can also pay online for events if you store your credit card information.



## HOW DO I GET STARTED USING THE E-GYM?



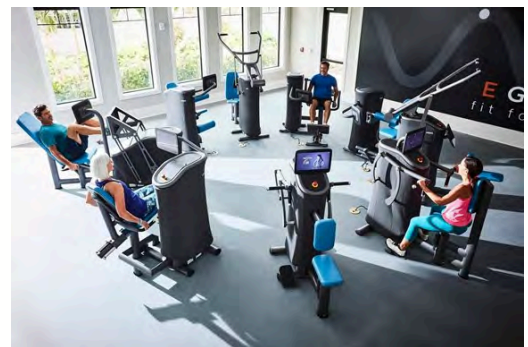
App Looks like this



- Download the app onto your phone
- App Keyword: pgavillageverano
- Create your profile

You will need to download the app for us to onboard you faster! No smartphone no problem! We'll have a trainer onboard you manually when the E-Gym opens.

1. Download the E-Gym App on your smart phone.
2. Make an appointment on Court Reserve to get onboarded.
3. Come to onboarding ready to workout.
4. Get your wristband. Start working out!



## STILL NEED HELP?

Come to the club house concierge desk or give us a call at (772)-345-9312 and we will be happy to assist!



# CLUB SPOTLIGHT



## ROYAL SIAMESE MAH JONG CLUB

The purpose of the Royal Siamese Mah Jong club is to learn how to play by observation and have an Instructor to teach you how to play.

You will LOVE this simple yet very challenging method of playing MAH JONG. It is designed for 2-Players

Contact Jane Kelley @  
jnbeha@aol.com

# PET OF THE MONTH



Ahoy there!

Meet Dexter a senior cockapoo (15 years and counting) who lives in Cresswind.

He's a pirate for Halloween so living on the Treasure coast suits him.

He traded New England snow for Florida sunshine just over a year ago and lives happily napping, snacking, and walking.

He treasures his PupPeroni treats and his humans, Ellen & Mitch.

Trick or treat (or just treats).

# VERANO GIVES BACK



THE SEPTEMBER FOOD DRIVE COLLECTED  
440 LBS OF FOOD + \$ 400  
TOTAL MEALS FOOD (357) + CASH (3,200) =3,557  
13,838 MEALS SINCE JANUARY

## THANK YOU

NEXT MEETING- TALAVERA THEATER ROOM  
IF YOU ARE INTERESTED IN BECOMING A  
FOOD DROP-OFF HOUSE, PLEASE JOIN US  
MONDAY, OCTOBER 14 AT 1:00PM





# WELCOME TO VERANO NEW RESIDENTS!

Join the Welcome Committee in the lounge for a social in our Clubhouse Lounge.

**OCTOBER 10th 6PM-8PM**

**Domenick & Dawn Calabrese  
Micheline Bouvier  
Betty Gajate  
John & Lisa Bergstrom  
Bryan & Lindy Baldwin  
Doug & Jennifer Keister  
Thomas & Alisa Magno  
Corey & Teresa Swartz  
Francis & Lari Russo  
Dean & Tracey Bolton  
Timothy & Myra Dye  
Marc Reiss & Dawn Cooper  
Brian Suozzo & Andrea Herasimtschuk  
Anjum Khurshid**

**Denise Calise & Cosimo Pesare  
Angela Aulenti & Myra MacMillan  
Ben & Diane Hager  
Joshua & Risa Bell  
Eugene & Virginia Donnelly  
Joseph Ruggiero & Ming-Hsu Lee  
Ryan & Tracey Swinsky  
Philip DiGiglio & Arlene Hardwicke  
Glenn & Jodi Sherman  
Anthony & MaryAnn Eprifania  
Sharon Ware  
Douglas & Diana Ferante  
Jon Fech & Ada Matos  
Margaret Bauer**





# OCTOBER AT A GLANCE



**COMEDY NIGHT**



MARC PRICE

Is that skippy from the TV Show Family Ties?

**OCTOBER 4TH**

**7PM-8:30PM**



LORRIE BROWNSTONE




CASEY PERUSKI



SPAZ

WITH CNS COMEDY

**Sign up on Court Reserve!**




## DONATE BLOOD


Club Talavera at Verano  
**Wednesday, Oct 9th**  
**9:00 AM - 2:30 PM**

All donors will receive\*:


- \$20 eGift Card
- Insulated Tote Bag
- Wellness Checkup including blood pressure, pulse, temperature, iron count, and cholesterol screening.



Donors Receive




- PLUS -





- PLUS -


ID REQUIRED

Appointments are encouraged, please visit [oneblood.org/donate-now](http://oneblood.org/donate-now) and use sponsor code 38942



Fact: Approximately 62% of the population is eligible to donate blood.



## SOUND BATH MEDITATION

**OCTOBER 22ND**  
**7:15PM-8:15PM**  
 Grand Ballroom

**\$20 Pay Directly to Instructor**

Join Anthony Profeta for Crystal & Himalayan Singing Bowl Meditation. Sound Therapy is an ancient practice linked to reduction of stress, anxiety and enhances our moods.



**OCTOBER 17th**  
**5PM**

Sign Up on Court Reserve!

**VERANO FOODIES**

**BLU OCEAN GRILL**

Located within the picturesque community of Port St. Lucie, Florida, Blu Ocean Grille offers relaxed elegance and exceptional cuisine, including steaks, seafood, pasta, and more.

**Foodies will drive separately and meet at restaurant.**  
**8500 SW America Walks Blvd, Port St. Lucie, FL 34987**



*Christine's Framed Treasure Shelves*

Friday, Oct 18, 2024  
 1:00 to 3:00  
 11"x 14" Framed  
 \$48 includes all supplies  
 Seaglass, Pottery, Shells,  
 Vintage jewelry, and more!

Sign Up On Court Reserve!

## DIGNITY MEMORIAL LUNCH AND LEARN





**Fri Oct. 18th**  
**11AM In the lounge**  
 Lunch provided by Panera Bread  
 Learn the importance of planning ahead



# OCTOBER AT A GLANCE



**TRIVIA**  
**OCTOBER 17th 630PM**  
 Grand Ballroom  
**\$5 Sign Up on Court Reserve!**

Compete for prizes, have some fun, and show off your smarts!  
 Hosted by: A Kiss by A Rose  
 Doors Open at 6PM  
 To reserve a table for your team, please sign up at the front desk!



**Must Pre-Register before 10PM on September 10th**



Saturday, October 19th, 2024  
**10:00 AM – 1:30 PM**  
 A Morning of Painting!  
 10" x 30"  
**"Autumn Sunflowers"**  
 Porch Leaner - Made on Reclaimed Wooden Pallet  
**\$45.00 (includes all materials)**

Sign up at: <https://www.dabbleincolor.net/treasure-coast-workshops/verano-bird-of-paradise>

**Beginner's Acrylic Painting Class on Tuesdays.**



**Wire wrapping class**  
**Oct 25th 1PM**



Includes everything to make a necklace  
 An assortment of stones to choose from  
**\$25**

In the clubhouse art room  
 Contact Lisa  
 973-886-6452  
 Li044@aol.com

\*Must pay ahead. No refund for no show. Credit for another class if cancelled 48hrs or more.

• BOB R. PRESENTS •

**60s - 70s - 80s**  
**MUSIC PARTY**

**SING ALONG**

**FREE ADMISSION**

Friday  
 October 25th  
 6PM-8PM

**DANCE THE NIGHT AWAY!**

**LET'S ALL HAVE A GREAT TIME**  
 WITH FRIENDS • SONGS • DANCING

**OUTDOOR PATIO**



**MUSICAL BINGO**  
**OCT. 27th 630PM**  
**\$5 Sign Up on Court Reserve!**

Music bingo is a fun and exciting take on the classic game of bingo. With songs replacing the numbers on a bingo card, this game can be played by many.

**Sign up on Court Reserve!**  
**Hosted by: A Kiss By A Rose**

**LIVERPOOL LEGENDS**



October 30, 2024  
 7PM-9PM  
 \$25  
 Grand Ballroom

# OCTOBER AT A GLANCE



**DON'T FORGET TO WEAR A COSTUME OR 60'S ATTIRE FOR THE LIVERPOOL LEGENDS CONCERT ON OCTOBER 30TH**


**PRIZES FOR BEST COSTUME AND COUPLES COSTUMES.**



REV. DAWN CASSEDAY



OCTOBER 30th In the Theater By Appointment only

**LINE DANCING WITH LISA**

Club Talavera Ballroom  
Every Other Tuesday  
Until Further Notice  
1PM-2PM  
\$6 PP Pay directly to the instructor!

Lines with Lisa provides high energy line dancing lessons for people of all levels! Come and join her in the ballroom to learn dances to show off at our next event!  
**Must sign up on Court Reserve!**



**TRUNK OR TREAT OCTOBER 31st IN THE CLUBHOUSE PARKING LOT 6PM - 8PM**

If you are decorating a Trunk or Golfcart, please sign up on Court Reserve

Look who's coming **KONA ICE**

Come take pictures at a photo op created by 'Meaningful Experiences LLC' Yesenia Engracio!



**THIRSTY THURSDAY**

**THIRSTY THURSDAY**  
Club Talavera Lounge  
Every Thursday 4PM-6PM

Come shoot the breeze with your friendly neighbors in the lounge!  
BYOB & Snacks  
Every Thursday 4PM-6PM



**PROOF OF LIFE** SATURDAY MOVIES  
2PM Free Admission Theatre  
Saturday OCTOBER 12th

**21 GRAMS**  
Saturday OCTOBER 26th





# VERANO AT A GLANCE

Friendly Reminder, all events are Bring Your Own Drink and Bring Your Own Food unless specified otherwise.

Please call the clubhouse front desk if you have any questions !  
(772)-345-9312



## 2024 MEMORIES TO BE CHERISHED AND REMEMBERED







# PROFESSIONAL CLEANING SERVICES



Experience Excellence in Cleanliness!  
Your Trusted Partner for Quality Cleaning Services.

Call Us Today (772) 258-6809

- Services Offered:
- ◆ Residential Cleaning
  - ◆ Move In-Out Cleaning
  - ◆ Deep Cleaning
  - ◆ Office Cleaning

Enjoy this gift!

#OFFER

### Super Discount

Get \$20 Off Your First Regular Cleaning or \$50 Off Your Deep Cleaning Service!

We're a 5-Star Rated Cleaning Service on Google Reviews!

Deborah Sastras  
1 review

★★★★★ 4 months ago

I highly recommend Gleice, she is very professional, trustworthy and detail oriented. She cleans and takes care of your house very professionally. Always on time for all appointments, with a great and friendly attitude. I am extremely happy with Gleice's services. Definitely the BEST cleaning service in the area.



All Life Insurance  
Cancer Plans • Short Term  
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Learn More at: [insurancebyKarenJones.com](http://insurancebyKarenJones.com)

We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. 78 plans offered by 15 MA organizations. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options. NPN#17558518

Contact Us Today for a Free Estimate!  
Call Us (772) 258-6809

Or Scan the QR code for a free online estimate!



[contact@gleicescleaning.com](mailto:contact@gleicescleaning.com)  
[www.gleicescleaning.com](http://www.gleicescleaning.com)

## Better You Blue Zones: Live Better, Longer



Hosted by the Verano Womens Club  
open to all residents  
October 5th from 10AM-11AM  
In the ballroom.  
Sign up on Court Reserve

The Blue Zones are areas of the world that have produced the longest-lived cultures. These people have extended lives and are healthy because their environment helps them choose the right lifestyle behaviors.

Dan Buettner and a team of researchers discovered five areas of the world where people live the longest lives, consistently reaching age 100. They found all these Blue Zone regions share nine specific lifestyle habits.





PGA VERANO PICKLEBALL

TOURNAMENT

SPONSORED BY

**KOLTER**

**HOMES®**

AND PRESENTED BY THE PGA VERANO  
PICKLEBALL CLUB

50/50  
RAFFLE

BASKET  
RAFFLES

LIVE MUSIC

OCTOBER 5, 2024  
MEN'S & WOMEN'S DOUBLES  
OCTOBER 6, 2024  
MIXED DOUBLES  
2.5 TO 4.5 DIVISIONS

**BREAST CANCER**

*Awareness*

FOOD TRUCKS!!!

**\*SATURDAY\***

**DONUTV**

**THE ROLLING RISOTTO**

**FRUITY SUNRISE**

**TACO'S DOWNTOWN**

**\*SUNDAY\***

**HAPPY GILMORE**

**THE ROLLING RISOTTO**

**TESTA ROSSA**

**WOODFIRE PIZZA**



**A senior primary  
care team that  
puts you first**

Call me to schedule a personal tour  
of a Conviva center near you



**Yoli Fox**

Community Engagement

561-785-6992

[yfox1@convivasolutions.com](mailto:yfox1@convivasolutions.com)

22023-BNR-COCTINLETOP\_152643-F



# COOKBOOK CLUB

Sign up on Court Reserve

Location: Demo Kitchen

Host Chef: Lorraine Morecraft

Thursday  
Oct. 10th  
10:00 – 11:30 am

Cookbook:  
Half baked Harvest by Tieghan Gerard

sharing & recipe discussion

Author:  
ALL MEMBERS discuss any fall inspired recipe they cooked this month



Save the Date! Verano Residents!  
Thursday, October 10th 4:30PM  
An Opportunity to tour the  
Children's Advocacy Center  
Guardians for New Futures, Inc.  
8561 S. Commerce Center Drive



Meet Debbie Butler, President of GFNF, and learn about this local center (in our backyard!) and hear about potential volunteer opportunities for the future. All are invited!

The Children's Advocacy Center (CAC), was built to improve recovery outcomes for abused children in Circuit 19. The CAC is a safe place for kids who may have been abused.

#### THE NUMBERS:

- 1,093: Total number of kids served
- 1,079: Total number of alleged offenders
- 235: Referrals to mental health provider
- 759: CPT Forensic Exams
- 903: Number of kids that received prevention
- 70: Cases accepted for prosecution
- 964: CPT Medical Exams

The CAC brings together a team of specially trained professionals who evaluate and investigate cases of child abuse and help children and their families. As a result, cases are thoroughly investigated, medical counseling and victim advocacy services are provided, and the trauma for the child and family is reduced.

Sign Up on Court Reserve – Questions? Liz Knowles – eddrknow2@gmail.com





Join AnnMarie Napolitano & Judy Eskola for:

# Cooking Made Easy

OCTOBER 16

4P-6P

CLUB TALAVERA

SPINACH BALLS

GREEK SHEET PAN CHICKEN DINNER

COCONUT CREAM POKE CAKE

\$15 PER PERSON  
SPACE IS LIMITED



## EXERCISE YOUR BRAIN!

**BRAIN EXERCISE CAN HELP!**

Specific brain exercises strengthen these important areas:

**MEMORY – FOCUS - PROCESSING SPEED & PROBLEM SOLVING**

Are you losing your keys? Are you forgetting if you closed the garage door? Are you finding it hard to stay focused long enough to complete tasks? Are you worried about dementia?

The games and activities offered and the program guide provided have been fine-tuned over 12 years – with great success.

**New class – FOUR Tuesdays – October 8, 15, 22, 29 from 1-2 pm in the Arts and Crafts Room. Pay \$20 total - to the instructor – for all four classes! Sign Up on CourtReserve to Save a Spot!**

Liz Knowles, educator and author, has an MS in reading and an EdD in curriculum. A teacher of grades K-8 and an adjunct professor in graduate education classes, Liz went on to write curriculum and own a cognitive training business. She is the author of 17 published books. She has an author's page on Amazon, a website: [www.cognitive-fitness.com](http://www.cognitive-fitness.com), and a profile on LinkedIn: [www.linkedin/in/lizknowles](http://www.linkedin/in/lizknowles)  
Contact Liz @ [eddrknow2@gmail.com](mailto:eddrknow2@gmail.com)



FREE EVENT  
OPEN TO ALL

HOSTED BY THE  
LATIN AMERICAN  
CLUB



OCTOBER 17TH

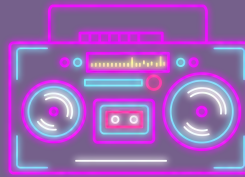
630PM-9PM

PLAYING A MIX  
OF DISCO LATIN  
TOP 40 HITS AND  
MORE...



PERFORMANCE BY  
DJ ANTHONY  
TRIANA

OUTDOOR PATIO  
BYOB



MONEY DONATIONS:  
MAKE CHECKS OUT TO:  
TREASURE COAST FOOD  
BANK

# MONTHLY COMMUNITY FOOD DRIVE

MONEY DONATIONS PAY  
FOR NON-PERISHABLE  
FOOD ITEMS LIKE MILK,  
EGGS, FRESH FRUITS  
AND VEGETABLES.

DROP OFF LOCATIONS:  
CLUB TALAVERA LOBBY

NEW DAY OF THE WEEK  
8:00 AM - 12:00 PM  
THURSDAY, OCTOBER 24



- |                       |                      |
|-----------------------|----------------------|
| 23062 SW ACCESSI WAY  | 25085 SW ALBERTI WAY |
| 9108 SW ARCO WAY      | 8880 SW BREVE WAY    |
| 8893 SW BREVE WAY     | 10650 SW CAPRAIA WAY |
| 8614 SW FELICITA WAY  | 11184S SW LUNATA WAY |
| 8953 SW MATILDA WAY   | 9184 SW MICHELE WAY  |
| 9265 SW MIRACOLI WAY  | 21027 SW MODENA WAY  |
| 9657 SW NUOVA WAY     | 9170 SW PEOPLI WAY   |
| 9180 SW ROCCIA WAY    | 21804 SW TIVOLO WAY  |
| 11976 SW VANO WAY     | 8794 SW VICO WAY     |
| 11449 SW VISCONTI WAY | 26077 SW VITERBO WAY |

FOR INFORMATION:

[BILLWADBROOK@GMAIL.COM](mailto:BILLWADBROOK@GMAIL.COM)



# SEASON AT A GLANCE

**OCT  
4**

**COMEDY SHOW**  
HEADLINER: SKIPPY  
FROM FAMILY TIES!

**NOV  
8**

**VERANO BLOCK  
PARTY!**

**OCT  
11**

**RESIDENT  
APPRECIATION DAY!**

**NOV  
9**

**VERANO CAR SHOW**

**OCT  
30**

**LIVERPOOL LEGENDS!**  
BEATLES TRIBUTE BAND & COSTUME  
CONTEST!

**NOV  
16**

**FASHION SHOW  
BENEFITTING SAFE SPACE**

**OCT  
31**

**HALLOWEEN TRUNK  
OR TREAT!**

**NOV  
23**

**VENDOR FAIR!**

**BOB'S 60'S, 70'S & 80'S  
MUSIC PARTY**

OCT 25TH 6PM CLUBHOUSE PATIO

**REV. DAWN CASSEDAY PSYCHIC**  
OCTOBER 30TH

**THANKSGIVING SIDES COOKING CLASS**  
FEATURING CHEF DEEDRA!  
NOVEMBER 22ND 4PM

**CARA AND RANDI -59 CARATS-**  
DEC 18TH CLUBHOUSE LOUNGE

**DEC  
7**

**CHRISTMAS PARTY  
WITH THE SHOWCASE BAND!**

**DEC  
20**

**COOKIE EXCHANGE!**

**DEC  
22**

**BREAKFAST WITH SANTA**

**DEC  
31**

**NEW YEARS EVE  
BASH!**

**THIRSTY THURSDAY!**

HAPPY HOUR IN THE LOUNGE  
EVERY THURSDAY 430PM-6PM

**SINGO!**

LAST SUNDAY OF EVERY MONTH  
630PM-9PM

**TRIVIA**

THIRD THURSDAY OF EVERY MONTH  
630PM-9PM

**SATURDAY MOVIES!**

TWICE A MONTH AT 2PM

**MONTHLY KIDS EVENTS!**

**MONTHLY LUNCH AND LEARNS!**

**LOGIN TO COURT RESERVE OR CHECK  
OUT THE VERANO VOICE FOR MORE  
INFORMATION!**

**KEEP AN EYE OPEN FOR CLUB EMAILS  
AS THERE IS ALWAYS MORE TO  
COME!**

NOT RECEIVING EMAILS FROM  
CLUB TALAVERA REGARDING  
CLUB EVENTS? CALL THE FRONT DESK AT 772-345-9312!



# ARTS & CRAFTS

## WEEKLY SCHEDULE

### MONDAY

Ceramics Class  
w/ Nancy  
1pm - 3pm

### TUESDAY

Beginners Acrylic  
Paint  
10:30am -  
12:30pm

### WEDNESDAY

Arts & Crafts w/ Barb  
Flynn  
10am -12pm  
1pm -4pm  
6pm -8pm

### THURSDAY

Ceramics Class  
w/ Nancy  
9am - 11pm  
Painting Club w/  
A. Fucci  
2pm - 4pm

### FRIDAY-SUNDAY

Open



## OCTOBER SCHEDULE

October 3 (Th) – 2:00-4:00 Painting Club – Open to everyone – bring any project (watercolor, oils, pencils, your choice) join fellow artists!

October 3 (Th) – 2:00 Crocheting in the lounge

October 7 (M) – 3:00 Knitting Club – meets in library

October 9 (W) - - 10:00 Beginner Watercolor Class – Drop and Drag Technique – Intermediate – continue practicing and learning new techniques \$5 – must register prior to class -Email: [dotattwood@aol.com](mailto:dotattwood@aol.com)

October 10 (Th) – 2:00-4:00 Painting Club – Open to everyone – bring any project (watercolor, oils, pencils, your choice) join fellow artists!

October 10 (Th) – 2:00 Crocheting in the lounge

October 14 (M) – 3:00 Knitting Club – meets in library

October 17 (Th) – 2:00-4:00 Painting Club – Open to everyone – bring any project (watercolor, oils, pencils, your choice) join fellow artists!

October 17 (Th) – 2:00 Crocheting in the lounge

October 21 (M) – 3:00 Knitting Club – meets in library

October 23 (W) – 10:00 Pumpkin Rock Painting

October 23 (W) 1:00 Bead Workshop with Jude- \$10 fee if you need to use her materials to make a bracelet otherwise you can bring your own supplies. Email: [jagadler@yahoo.com](mailto:jagadler@yahoo.com)

October 24 (Th) -2:00-4:00 Painting Club – Open to everyone – bring any project (watercolor, oils, pencils, your choice) join fellow artists!

October 24 (Th) – 2:00 Crocheting in the lounge

October 28 (M) – 3:00 Knitting Club – meets in library

October 30 (W) – Shopping Field Trip and Lunch at Thirsty Turtle





# WEEKLY FITNESS

## MONDAY

10:30AM Yoga \$  
11:30AM Restorative  
yoga\$  
1PM Chair Yoga \$  
7PM Fit Brit Boot Camp \$

## TUESDAY

9AM Veterans Yoga  
4:45PM Silver Fit  
6PM Silver Fit

## WEDNESDAY

8:30AM Kickboxing \$  
10AM Intermediate Step &  
Low Aerobics  
11:15AM Yoga  
5PM Mat Pilates + Props \$  
7PM Fit Brit Yoga \$

## THURSDAY

9AM Strength Class  
10:15AM Aqua Fitness  
10:30AM Restorative  
Yoga  
11:30AM Tai Chi  
1PM CHAIR Yoga \$  
4:45PM Silver Fit  
6PM Silver Fit

## FRIDAY

10AM Zumba \$  
11:45AM Piloga  
3PM Essentric

## SATURDAY

10AM Stronger \$

PLEASE LOG INTO COURT RESERVE TO SAVE YOUR SPOT AND FOR MORE DETAILS!  
ANY CLASS WITH A \$PRICE PLEASE PAY DIRECTLY TO INSTRUCTOR

## CLASS DESCRIPTIONS

### AQUA FITNESS

IS THE PERFORMANCE OF AEROBIC EXERCISE IN WATER SUCH AS IN A SWIMMING POOL. IT IS DONE MOSTLY VERTICALLY AND WITHOUT SWIMMING TYPICALLY IN WAIST DEEP WATER.

### ESSEINTRICS

TRANSFORM HOW YOUR BODY FEELS, MOVES, AND HEALS. EXPERIENCE OUR DYNAMIC STRETCHING WORKOUT

### INTERMEDIATE STEP AND LOW AEROBICS

A CLASSIC CARDIO WORKOUT. IT'S LASTED FOR DECADES FOR A SIMPLE REASON: IT DELIVERS RESULTS. THE "STEP" IS A 4-INCH TO 12-INCH RAISED PLATFORM. YOU STEP UP, AROUND, AND DOWN FROM THE PLATFORM IN DIFFERENT PATTERNS TO BOOST YOUR HEART RATE AND BREATHING, AND STRENGTHEN YOUR MUSCLES.

### KICKBOXING

THE ULTIMATE COMBINATION OF MARTIAL ARTS AND COMBAT SPORTS, IS SURE TO GET YOUR HEART PUMPING AND YOUR ADRENALINE RUSHING. FROM PUNCHES AND KICKS TO KNEES AND ELBOWS, KICKBOXING IS A FULL-CONTACT SPORT THAT REQUIRES STRENGTH, SPEED, AND AGILITY.

### MAT PILATES AND PROPS

TWIST ON CLASSIC PILATES THAT INCORPORATES PROPS TO WORK EVEN MORE MUSCLE GROUPS!

### PILOGA

PERFECT FOR THOSE WHO LOVE YOGA AND PILATES, AS THIS CLASS COMBINES THE BEST OF BOTH WORLDS! OUR AMAZING INSTRUCTORS DESIGN THE CLASS TO FOCUS ON FLEXIBILITY, IMPROVED POSTURE AND BALANCE, AND CORE STRENGTHENING.

### PILATES

USES A COMBINATION OF APPROXIMATELY 50 SIMPLE, REPETITIVE EXERCISES TO CREATE MUSCULAR EXERTION. ADVOCATES OF THIS SYSTEM OF EXERCISE CLAIM THAT EXERCISES CAN BE ADAPTED TO PROVIDE EITHER GENTLE STRENGTH TRAINING FOR REHABILITATION OR A STRENUOUS WORKOUT VIGOROUS ENOUGH TO CHALLENGE SKILLED ATHLETES.

### RESTORATIVE YOGA

IS A STYLE OF YOGA THAT ENCOURAGES PHYSICAL, MENTAL, AND EMOTIONAL RELAXATION. APPROPRIATE FOR ALL LEVELS, RESTORATIVE YOGA IS PRACTICED AT A SLOW PACE, FOCUSING ON LONG HOLDS, STILLNESS, AND DEEP BREATHING.

### SILVER FIT

IS A FITNESS AND HEALTHY AGING EDUCATION PROGRAM DESIGNED FOR OLDER ADULTS AND IS PROVIDED BY AMERICAN SPECIALTY HEALTH FITNESS.

### TAI CHI

IS A PRACTICE THAT INVOLVES A SERIES OF SLOW GENTLE MOVEMENTS AND PHYSICAL POSTURES, A MEDITATIVE STATE OF MIND, AND CONTROLLED BREATHING.

### VETERANS YOGA

YOGA FOR VETERANS, FIRST RESPONDERS AND THEIR FAMILY MEMBERS.

### YOGA

W/CHAIR OR MAT  
IS A PRACTICE THAT CONNECTS THE BODY, BREATH, AND MIND. IT USES PHYSICAL POSTURES, BREATHING EXERCISES, AND MEDITATION TO IMPROVE OVERALL HEALTH.

### ZUMBA

ZUMBA IS A FITNESS PROGRAM THAT INVOLVES CARDIO AND LATIN-INSPIRED DANCE



# OUTDOOR POOL

## MONDAY

10:00AM-11:00AM WATER AEROBICS

## TUESDAY

OPEN SWIM

## WEDNESDAY

10:00AM-11:00AM WATER AEROBICS

## THURSDAY

OPEN SWIM

## FRIDAY

10:15AM-11:15AM WATER AEROBICS

## SATURDAY

OPEN SWIM

# INDOOR POOL

## MONDAY

9:00AM-10:00AM & 2:00PM-3:00PM  
WATER WALKING

## TUESDAY

4:00PM-5:00PM ARTHRITIS CLASS

## WEDNESDAY

9:00AM-10:00AM & 2:00PM-3:00PM  
WATER WALKING

## THURSDAY

4:00PM-5:00PM WATER ABC'S

## FRIDAY

9:00AM-10:00AM & 2:00PM-3:00PM  
WATER WALKING

## SATURDAY

OPEN SWIM

## REMINDERS

\*IN THE EVENT OF INCLEMENT WEATHER ANY OUTDOOR CLASS WANTING TO MOVE INSIDE WILL BE APPROVED BY CLUBHOUSE MANAGEMENT.\*

WATER AEROBICS ARE COMPLIMENTARY FOR RESIDENTS ONLY. NO RESERVATIONS NEEDED JUST GO TO THE POOL!





# FITNESS INSTRUCTORS



**CJ FISCHER**

is an aerobics and swimming instructor with over 25 years experience teaching at several clubs in South Florida.

Classes

Water Aerobics, Low Impact Beginner's & Body Toning, Intermediate Step & Low, Yoga and Piloga



**JESSICA ROBERTS**

has certifications in yoga, tai chi, breathwork, and pain free range of motion. She is passionate about helping people find joy and improve health through mindfulness and movement. With over 18 years experience Jessica's classes promote physical, and mental health!

Classes

Restorative Yoga, Tai Chi, Chair Yoga



**OSVALDO PARROTTA**

Graduating with his masters degree in physical therapy and having over 30 years of experience in Orthopedics. He is certified in balance, stretching, aquatics, pilates and zumba core. Osvaldo is guaranteed to give a great workout while sharing his endless knowledge!

Classes

Essentrics, Silver Fit Mat Pilates & Props



**BRITJNI CATRON**

Empowers her clients to transform their well-being, guiding them towards sustainable habits and measurable results. Certified NASM Personal Training, Yoga 200hr, Schwinn Cycle, Group Fitness, Mat Pilates, CPR.

Classes

Boot Camp, Pilates, Yoga



**MICHELLE MASCARI**

Michelle has been an integral part of management in the fitness industry for over twenty-five years with her sales, management and instructor experience! Her high energy classes aim to promote confidence and strength training for all fitness levels!

Classes

Strength, Aqua Fitness



**MERRY GASOREK**

Merry Gasorek is a Florida Licensed therapist with over 30 years experience and aquatic trained over 20 years. She is an ASAP (Arthritis Foundation Aquatic Program) Leader. She is trained to instruct exercise classes designed specifically for individuals with Arthritis, related Rheumatic diseases or Musculoskeletal conditions. Trained in Orthopedic Rehabilitation.

Classes

Arthritis, Water ABC's



**FRAN MURO**

is a 50+ years of experience in exercise instruction who loves teaching residents. She is known for kindness and caring nature.

Classes

Water Aerobics



**JIM O'ROURKE**

Is a Certified Connected Warrior Yoga Instructor. He is a veteran of the US ARMY and his goal is to help veterans and the family's of veterans become more active!

Classes

Yoga for Veterans & First Responders



# FITNESS INSTRUCTORS



**DONNA HOWARD**

Zumba instructor, whose love for Latin-infused fitness has transformed lives. Zumba becomes more than just a workout – it's a joyful celebration of movement. With easy-to-learn choreography blending salsa, merengue, cumbia, and reggaeton rhythms. Discover how Zumba has not only enriched Donna's life but has also empowered her students. Fun and fitness intertwine seamlessly, leaving everyone energized and uplifted.

Classes  
Zumba



**RON EALY**

Ron is a fitness instructor certified in Cardio Kick Boxing. He has been teaching this for over twenty five years starting in New York and then came down here to Florida. He's taught at many of the local gyms here in Port St. Lucie, Stuart, and Fort Pierce. LA Fitness, Golds Gym, Anytime Fitness, TNT Fitness, Mid Florida and the YMCA

Classes  
Cardio Kickboxing



**JEAN KULHAN**

Started dancing ballet at age 7 in NYC and years later teaching ballet to children. She was a soloist on stage dancing professionally in NY & NJ with various ballet companies. She performed and taught ballroom dancing for over 30 years and offers private and group ballet barre and ballroom instructions. Classes will resume Feb. 2024

Classes  
Ballroom Dancing  
Water Ballet

# PERSONAL TRAINERS



**ALYSON AMERLING**

Alyson is a 15 year certified personal trainer focusing on strength and conditioning as well as functional strength training. Training with Alyson is a great way to improve function and prevent sports related injuries.

Email:  
amerling@mindspring.com  
Phone: (508)-400-0205



**PAUL GLODIS**

Get Fit! Be your best YOU! All levels from beginner to advanced. 40+ Years Experience, Bachelors in Health focusing on Cardio – Strength – Balance – Stretching – General Health

PHONE: 561-685-3384  
EMAIL: pglodis53@gmail.com



**EVELYN MOYER**

Each program emphasizes important principles of fitness training: stretching, cardio, strength training, and balance. Private, semiprivate, small groups.

EMAIL:  
bodyformationfitness@gmail.com  
PHONE: 410-952-9498



**MICHAEL HANLON**

Personal Training with Mike. Meet your fitness goal with a professional trainer. Group training or One on one available.

Contact Mike:  
michael.hanlon@axis-integrated.com



**PILAR TARAZONA**

Personal Trainer specializing in weight loss, pilates, high intensity interval, aging specialist, brain health and stroke recovery training  
Contact: 240-446-8831 or  
pilartarzonac@gmail.com





# SPA

BY JENNIFER FITTER

fitterjen@gmail.com  
772-233-5594

## Relaxation Massage

De-stress and unwind during this full-body massage with light to medium pressure.

50 Min-\$80 80 Min - \$120

## Deep Tissue Massage

Find relief from chronic pain, tension and tightness caused by injury or overworked muscles.

50 Min-\$90 80 Min - \$135

## Hot Stone Massage

Tension melts away as warm stones are used over the entire body.

50 Min-\$100 80 Min - \$150

## Sports Massage

Improve your athletic performance and reduce the risk of injury with a combination of deep tissue massage and stretching.

50 Min-\$100 80 Min - \$150



# TENNIS



Lessons, Clinics, Cardio Tennis, Triples,  
Ball Machine Usage



### ATTENTION TENNIS PLAYERS

Our community playmate ball machine will be reopened for play starting on Tuesday sept 17.

\*Schedule as follows: Tuesdays 4-5 pm and 5-6 pm

Thursdays 4-5 pm and 5-6 pm

\*Fee-Single player \$15 per hour

2-4 players \$10 per hour

( to be paid to the tennis committee attendant)

\*Rules-Sign up on court reserve.

Maximum 1 week advanced reservation time .

\*New Rule-Cancellation fees - if you cancel your reservation after 12 noon on the day of, you will be responsible for the applicable fee.





# PICKLEBALL



Chip Bell is a Certified IPTPA Pickleball Coach. With 20+ years coaching experience and a passion for the the game of pickleball, he is qualified to teach everything from basic rules and fundamental skills, to advanced shot strategies.

Chris Bell is a certified IPTPA Pickleball Coach and avid tournament player. Her focus is group lessons with an emphasis on game strategy and partner work.

In addition to hour-long lessons, Chris and Chip also offer a variety of 90 minute weekly clinics for various levels ranging from 2.5-4.0+ For details or to sign up, go to the Events section of Court Reserve select pickleball, and then pickleball clinics.

### RATES

Individual Lesson \$60 Per hr.

Doubles: \$30 Per person per hr.

3+ ppl (5 max): \$20 per person per hr.

### Clinics:

\$30 for 90 minute clinics, see Court Reserve for details

**PHONE: 610-425-0090**

**EMAIL: RCB113@yahoo.com**

**No Paddle?**

**No problem,**

**we have loaners!**

## PICKLEBALL BI-WEEKLY CLINIC

### LESSON PLAN

- Learning how to keep score
- Serving
- Returning serves
- Basic strategy
- Ready Position

### BENEFITS OF CLINIC

- Meeting place for new pickleball players
- Introduction into Verano Pickleball Community
- Added to pickleball contact list
- Introduction to coaches that can help further their game

1st & 3rd Wednesday every month at 1PM up to 8 Players or 2 Courts. Minimum of 3 to play out games.

For more information contact Chip (610)-425-0090

No equipment needed Paddles and balls supplied.

1st and 3rd Wednesday every month 1PM-2PM Sign up on Court Reserve Court #26 and #27





# VERANO TENNIS

How do I find the right string for my new racquet  
There are several considerations -

Am I looking for power, spin, control?

Three ingredients to think about.

1- TENSION- remember, the higher the tension the more likely you will have more control and a reduction of a trampoline effect. lowering the tension provides more power, aiding penetration depth and a higher trajectory .

2- STRINGS- they come in 15,16,17 and 18 gauge . The lowest gauge is the thickest which means it is more durable . 16 gauge is the most prevalent.as you go to 17 or 18 gauge there is less friction making it easier to generate more spin and feel . However thinner strings will break more often .

3- STRING TYPES- there are 4.

Natural gut - has great comfort ,feel, touch ,easier on the arm . It holds tension well but it is very expensive

Nylon - made up of (A)-synthetic gut which is affordable and good for intermediate players and (B) - multifilament - which offers comfort durability ,feel and playability ( and may be helpful if one has elbow problems).

Polyester- it's strong ,doesn't break as much , produces more spin but not as much power on its own ( more shock on the arm ) . Loses tension quickly.

Hybrid-this is a combo of strings primarily synthetic gut in the mains and polyester in the crosses . Provides durability and better feel of the string bed.

Hope this helps you with your decision making .

Regards

Verano tennis committee





# VERANO CLUBS & COMMITTEES

**ARTIFICIAL INTELLIGENCE CLUB**  
3rd Monday at 730PM- Theater  
Donald M. donm6821@gmail.com  
954-448-6570

**BOOK CLUB**  
1ST Monday at 3PM- Library  
Robin B.  
RJBeinhorn@gmail.com

**VERANO BOCCE CLUB**  
TUESDAYS & FRIDAYS 6PM  
Tom M. 443-765-1581

**NY BOCCE CLUB**  
Thursday 6PM  
Silvana C. 914-774-6352

**BINGO CLUB**  
John Testa  
jrt158@yahoo.com

**BOOK CLUB**  
3rd Tuesday- Clubhouse Patio  
caroleak72@aol.com  
516-384-2525

**SASSY SAMBA CLUB**  
Wednesdays 10AM  
Linda R.

**FORTEZZA CLUB**  
Mitch F.

**THE CANASTA CONS**  
Thursday 1230PM  
Rosemary D.

**CANASTA CANASTERS**  
Thursdays 1PM  
Peggy F.

**HAND & FOOT THURSDAY NIGHT CLUB**  
Thursday 6PM  
Jill W.

**JIMMY C'S HIGHWAY KARAOKE**  
JIMMY C. 908-581-9438

**8 BALL CLUB**  
Tuesday's 530PM-8PM  
Mort L. 772-349-4959

**BUNCO CLUB**  
2nd Tuesday  
Dorothy F.

**VERANO BOOK CLUB**  
3rd Saturday at 3PM  
Patricia B.  
patlk@yahoo.com

**WOMENS ARTS & CRAFTS CLUB**  
Barbara F.  
veranoartscraftsclub@gmail.com

**CROCHET CLUB**  
Myra A. 787-365-3501  
rxarym23@gmail.com

**CLUB FIT**  
Michelle M. 954-670-4818  
mmascari33@gmail.com

**CANASTA CUTIES CLUB**  
Phyllis F.  
Pferrara@gmail.com

**MONTHLY COMMUNITY  
FOOD DRIVE**  
Bill W. 401-338-7540

**PGA VERANO TRAVEL ROUND TABLE**  
Jean K. jeanlikestotravel@gmail.com

**ROYAL SIAMESE MAHJONG CLUB**  
Mondays & Wednesdays 1PM  
Jane K.

**SAMBA LADIES**  
Debbie I.

**MONDAY NIGHT BOCCE CLUB**  
6PM -8PM  
Phil A. 347-447-9721

**MAHJONG CLUB**  
Nanette F.

**COOKBOOK CLUB**  
2nd Thursday- Demo Kitchen  
Lorraine M.

**VERANO MOTOR CLUB**  
Last Wednesday /mo @430PM  
Patricia B. 302-563-9644  
Mike F. 732-682-4387

**CHANGES 2024  
WEIGHT LOSS SUPPORT**  
Sandra A. 315-420-8582  
amelio6808@gmail.com

**PGA VERANO CHESS CLUB**  
Thursday 1PM-4PM- Library  
Walter S. 772-307-7790  
wschoellnast@msn.com

**THE BEAT GOES ON- DANCE CLUB**  
Silvana C. (914)-774-6352  
Ava C. (352)-801-0952

**SINGLES CLUB**  
Walna A.

**TUESDAY MORNING MAHJONG**  
Dorothy Fine

**THURSDAY MORNING SAMBA CLUB**  
Thursday 10AM-130PM  
Marlene C.

**VERANO BOURBON TASTING CLUB**  
David B. 917-612-0128

**YOU TUBE STEP/WEIGHTS CLUB**  
Monday - Friday  
Karen A.





# VERANO CLUBS & COMMITTEES

## **FAMILY FUN CLUB**

Jillian B. 954-798-5815

## **THE GARDEN CLUB**

1st Tuesday of the month  
Melany C. 631-747-7693  
melaniev380@gmail.com

## **FRIDAY NIGHT POKER**

Mindy Nash  
mjaf3389@gmail.com

## **GIN RUMMY CLUB**

Wednesdays 10AM- 2PM  
Sebastian D. 631-949-6695

## **BRAIN EXERCISE CLUB**

Liz. K eddrknow2@gmail.com

## **DICE WARS CLUB**

First Friday- Lounge  
Silvana 914-774-6352

## **DIAMOND DIVAS CLUB**

Jennifer T. jbtandgredi@gmail.com

## **DVD QUEENS CLUB**

Mon., Wed., Fri.  
2PM-3PM- Aerobics Room  
sweetcarolinesilver@gmail.com

## **DOMINOES**

Monday & Friday 1PM-5PM  
R. Hodgert 772-212-2084

## **YOUTUBE AEROBICS CLUB**

Mon-Fri 7:45AM-9AM-Aerobics Room  
Bonnie N. bnicotra@gmail.com

## **WATER WALKING CLUB**

Mon. Wed. Fri.  
AM Margit M. PM Elizabeth E.

## **MAHJONG MAVENS**

Dale Eisenshtat  
dalencjw@msn.com

## **VERANO BROTHER'S & SISTER'S FOR SINGLES**

Kimberly Rose  
954-218-3263

## **PING PONG OF VERANO CLUB**

Monday 6PM-8PM  
Mort L. 772-349-4959

## **POKER GUYS CLUB**

Tuesdays 6PM  
Richard B.

## **PICKLEBALL CLUB**

veranopickleballclub@gmail.com

## **TN POKER CLUB**

Thursday 6PM  
Todd N. 860-984-6435

## **OPEN PAINTING & CRAFTS CLUB**

Thursdays 2PM-4PM  
Armita F. 646-623-0233

## **TENNIS CLUB**

Dave Badal 772-302-7953  
dv2664@verizon.net

## **LADIES BIBLE STUDY**

Thursdays 1230PM  
Naomi M. 732-690-1565  
Naomi7@PTD.net

## **VERANO HAND & FOOT CLUB**

Wednesday 545PM  
Donna T. 772-696-4282  
Donnatiberi53@yahoo.com

## **ITALIAN AMERICAN CLUB**

Silvana C. 914-774-6352  
Silvana@rocksolidstones.com

## **CHESS QUEENS GAMBIT CLUB**

Wednesday 2PM-5PM Library  
Dorothy F. dfletch0@yahoo.com  
Sonia M. soncoarmi@aol.com

## **THE GEMS**

Mahjong Club  
Thursday 1PM-3PM  
Linda Berkwitz pdogmom3@aol.com  
Dory Campbell dotierock@gmail.com

## **LATIN AMERICAN CLUB**

Maria Z.  
zvolenski56@hotmail.com

## **POKER CLUB**

Tues. 5PM  
Nelson D. 772-233-7641  
nelsonebow@gmail.com

## **PARTY BRIDGE CLUB**

Wednesday 1PM  
Marian M. 631-404-5943

## **WW MAHJONG CLUB**

E. Eby- healthgain@aol.com

## **MAHJONG LESSONS CLUB**

Cynthia J. 772-538-2506

## **MAHJONG MONSTERS**

Monday & Wednesday-Donna S.

## **KNITTING CLUB**

2nd & 4th Monday- 3PM  
Robin B. rjbeinhorn@gmail.com

## **VERANO SPORTING CLAYS CLUB**

Harry 772-834-2210

## **MONDAY NIGHT SAMBA CLUB**

Monday 5:45PM  
veranosambaclub@gmail.com

## **VERANO VETERANS COUNCIL**

Jim O. 561-427-9191

## **SHALOM CLUB**

Bobbi S. shalomverano@gmail.com

## **VERANO SKATING CLUB**

Talyta R.  
pgaveranoskateclub@gmail.com

## **TALAVERA POKER CLUB**

Sue C. heysue222@gmail.com

## **VERANO WOMENS CLUB**

Joyce Hartpence  
veranowomen@gmail.com

## **HEAVEN BOUND BIBLE STUDY**

Marsha Medders  
marsha.medders@gmail.com  
678-346-8823





# CLUB TALAVERA

OCTOBER 2024