VERANO VOICE

FEBRUARY 2025



CLUBTALAVERA.COM

CLUB TALAVERA

10291 SW Visconti Way Port St. Lucie, FL 34986

CLUB TALAVERA HOURS

Monday - Sunday 8 AM to 10 PM

ACTIVITIES OFFICE HOURS

Monday - Friday 8:30 AM to 5 PM Saturday - Sunday 8:30 AM to 5 PM 10291 SW VISCONTI WAY Port St. Lucie. Fl 34986

POA OFFICE HOURS

Monday - Friday 9:00 AM to 4:30 PM Closed 12pm to 1pm Daily 8313 Holley Tree Trail Port St. Lucie, Fl 34986

FITNESS CENTERS

5:00AM to 10:00PM

Doors will be promptly locked at 10 PM

OUTDOOR POOL & CRESSWIND & RESISTANCE POOL

8 AM To Dusk

INDOOR POOL

5:00AM to 10:00PM

Doors will be promptly locked at 10 PM



LIBRARY

Seating available for reading.

Take a book home, when you are done bring it back to the Clubhouse Front desk.

GUEST POLICY

- 4-guests per household/per day invited to use PGA Village Verano amenities indoors & outdoor with the presence of the respective Verano resident at all times. Guest waiver & wrist band(s) needs to be picked up at Clubhouse front desk with your guest(s).
- When booking a pickleball or tennis court, guests must be listed. Guest's must be accompanied by the respective Verano resident at all times with Guest Wrist band and waiver.

GATHERINGS OR EVENTS

No alcoholic beverages or music at the Tennis or Pickleball Courts, Bocce, Basketball, Lounge, Patios and pool areas unless approved by Club Talavera management.



MEET THE TEAM CLUB TALAVERA



DOMINIQUE VERONICO CLUB MANAGER, LIFESTYLE DIRECTOR



MADISON KUBINSKI TEMPORARY ASSISTANT LIFESTYLE DIRECTOR



LAURIE HASEMANN ASSISTANT LIFESTYLE DIRECTOR



JEAN SAKOWSKI EVENTS CONCIERGE



WAVERLY FOWLER FITNESS CONCIERGE



DAVID DOUGLASS MAINTENANCE SUPERVISOR



GUADY ROSADO MAINTENANCE



JONATHAN TAYLOR FITNESS CONCIERGE



JOAN KRESSIERER EVENTS/FITNESS CONCIERGE

MEET THE TEAM POA



CHRIS BARTIMUS PROPERTY MANAGER



FRANK DUCI FIELD MANAGER / ASSISTANT MANAGER



GERRI ZEIGLER OFFICE MANAGER



CONNIE YEBER ADMINISTRATION ASSISTANT

FRONT DESK CONTACT:
CLUB TALAVERA 772-345-9312
POA OFFICE 772-345-1880

CLUBHOUSE MANAGEMENT AND VERANO VOICE PUBLICATION BY











Get your discount ID Card today!

Discount applies to merchandise, golf rounds at the golf club, food & beverage.

HEIDI GEISER

Membership Services Specialist **PGA Golf Club** 1916 Perfect Drive Port St. Lucie, FL 34986 772.467.5480

IMPORTANT NUMBERS

Front Desk	772-345-9312
Alarm Monitoring	833-683-2855
Animal Control	772-871-5042
Chamber of Commerce	772-340-1333
FPL	772-287-5400
Guard Gate	772-345-1801
Lifestyle Director	772-345-9313
Post Office PSL	772-873-0674
Trash FCC	772-205-3356
Verano POA Office	772-345-1880
Water & Sewer	772-871-5330
Lang Office	772-345-1880
Emergency Support	877-242-8692
Bluestream	772-205-6559

FRIENDLY REMINDERS

- In the clubhouse proper attire must be worn.
- Main Pool, Resistance Pool & Cresswind Pool hours are 8am to Dusk.
- Guest(s) must have waivers & wristbands & be with host at all times. 4 Guests per household.
- You must be 18 years of age to sign in a guest(s). *Fobs are for Residents only.*
- Swim suits must be worn in pools & shower before entering pool.
- No rafts in the pool, no balls, no frisbees, no jumping
- Anyone under 16 years of age or younger in the pool or clubhouse must be supervised by an adult.
- Spa's are for 16 years of age (with adult) and above.

- NO eating or drinking in the pool Per Health Dept.(ONLY COMMERCIAL CLEAR WATER BOTTLES For Hydration). Per Health Department.
- Resistance pool is for Fitness. Must be 18 of age or
- Cards, Mahjong & other games in Card Room overflow will be in lounge and ballroom. Bring your own pillow for sitting on.
- · You must cancel 5 days before an Event to receive a credit on your CourtReserve account.
- Guest policy to attend Events: Open for 1 guest per household, upon opening event on Court Reserve. Then 7 days before event to additional guest(s) up to 4 per household. (If not sold out) Must pay in advance via check
- Wrist bands for E-gym for residents only.

HOW DO I SIGN UP FOR EVENTS, ACTIVITIES & RESERVE COURTS ONLINE?

Our Verano-resident official online booking system, CourtReserve, allows you to book your Tennis/Pickleball courts, Activities and Events.



App Looks like this



REGISTER

- To Download the app, go to your App Store or Google store.
- Complete the Verano Resident Registration Form.
- Our community is listed as: "PGA Village Verano" (Type in Verano it will Auto-Complete)
- We will review it and approve it within 24 hours or less.
 (Be Patient).

LOG IN AND BOOK YOUR EVENT OR ACTIVITY

- Once you are approved, you can start reserving.
- Pick an Event, an Activity, or Court or even a Ball Machine or Pro.
- You can also pay online for events if you store your credit card information.

HOW DO I GET STARTED USING THE E-GYM?



App Looks like this



- Download the app onto your phone
- App Keyword: pgavillageverano
- Create your profile

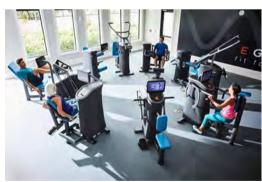
You will need to download the app for us to onboard you faster! No smartphone no problem! We'll have a trainer onboard you manually when the E-Gym opens.

- 1. Download the E-Gym App on your smart phone.
- 2. Make an appointment on Court Reserve to get onboarded.
- 3. Come to onboarding ready to workout.
- 4. Get your wristband. Start working out!









STILL NEED HELP?

Come to the club house concierge desk or give us a call at (772)-345-9312 and we will be happy to assist!



As part of our commitment to maintaining beautiful and healthy landscapes, we've been hard at work enhancing your outdoor spaces this season. Here's a quick update on the latest services we've completed for you:

LIQUID FERTILIZER

We are currently applying a liquid fertilizer with weed control to help green the turf while bringing a reduction of weeds throughout the property. In doing so, bare spots might become present where the weeds have died off. Please allow several weeks after application for best results.

IRRIGATION

Irrigation will be set to a seasonal adjustment through the month of February. Please note that we adjust the schedule accordingly throughout the cooler months. This is crucial for controlling brown patch fungus. Treatments have been made to make the fungus not active in areas that are present. Once the fungus becomes active, the turf will stay in that condition until the warmer months where the turf will push the new growth out.

CUTBACKS

• Crete Mrytle Cutbacks will be started in February. This will help improve the growth and color.

We will also be completing hard cutbacks in the month of May. Hard cutbacks help plants by stimulating vigorous new growth on older plants, rejuvenating overgrown shrubs, improving the overall shape and appearance of a plant, enhancing air circulation, and allowing for better light penetration within the canopy.

• If you do not want your Hibiscus, Panama Rose, Jatropha cutback, please contact the office so we can add a blue reflector, so they do not get cutback.

WELCOME TO VERANO NEW RESIDENTS!

Join the Welcome Committee in the lounge for a social in our Clubhouse Lounge.

FEBRUARY 13th 9AM-10AM

John & Diana Eschmann

Nicolas Rasek

Sylvain Magnan & Nathalie Poirier

Timothy & Krista Schuck

Donald & Diana Law

Michael

Birrittella

& Diane

Remenar

Charles & Deborah Walker

Marc Roy & Myriam Costonguay

Doug & Elaine Millar

Christiaan & Macy Oosthuizen

Eric Deschamps

Allan Linton & Marcia Gardener

Hal & Ruth Wattles

Tyler Shierling & Melissa Salvo

Rick & Mary Blackmore

James Spoden & Sandra Hund

Ali Syed & Amna Haider

Richard & Cecelia Virgil

Michael Keller & Carol Barto

Robert & Socorro Atwell

Ramesh Pattni

Michael & Catherine Dales

CLUB SPOTLIGHT







WOMENS ARTS & CRAFTS CLUB

Join the arts and crafts club and have an opportunity to meet others as you learn new skills. The club meets weekly and has a variety of ongoing activities. You can do one or all of these: crocheting, knitting, quilting, painting, watercolors, bracelet making, greeting card making, special holiday projects, diamond art, and projects for charities. Send an email to Veranoartscraftsclub@gmail.com to join! You'll then be placed on our email list for schedules and registration information. All levels of crafters are

PET OF THE MONTH

welcome!



Introducing Walt

One of the new members of PGA Verano. Walt moved here in November and has been loving his new Florida lifestyle. Walt moved from Greenwich Village NYC to this amazing community!

He loves taking walks around the neighborhood and going for sits in "Little Washington Square Park," a name we call our little park on our block In Fortezza.

Walt loves all his new furry friends and neighbors.

He is a newly minted "Bark Ranger" and a certified Therapy dog. He used to go to schools in NYC to calm students down before a test but now he is retired.

Welcome to this amazing retired life Walty Halperin!

Stephanie Halperin

VERANO GIVES BACK

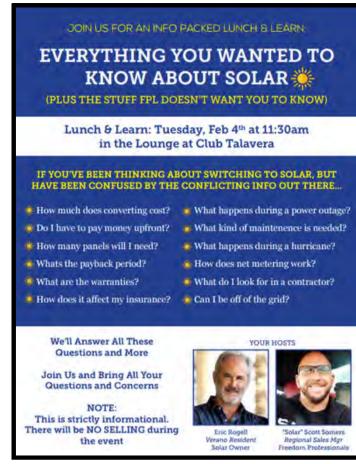
Thank You Verano Residents!

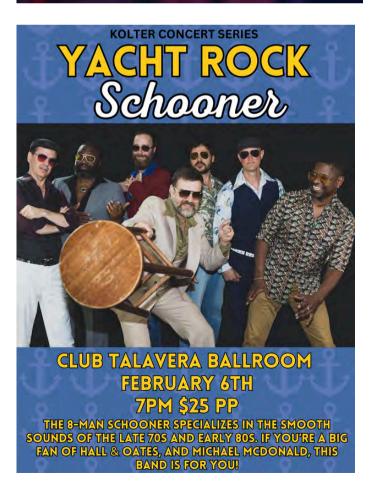


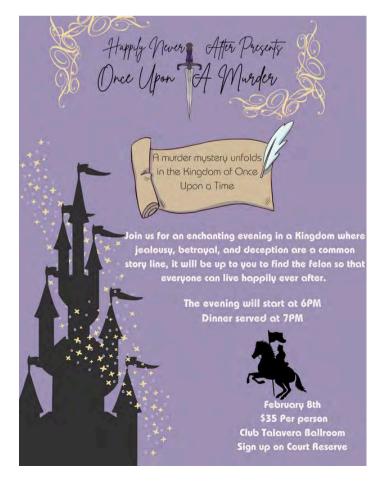
The 226 chimps at the Save the Chimps Sanctuary now have 74 **fleece throws** thanks to your generosity!

CLUB TALAVERA PRESENTS



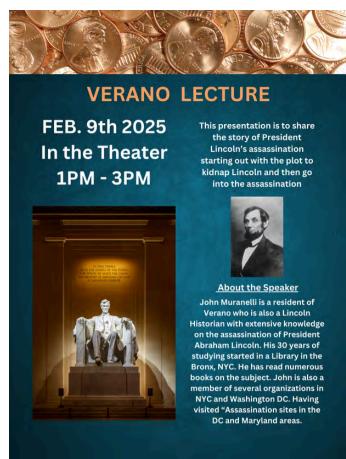












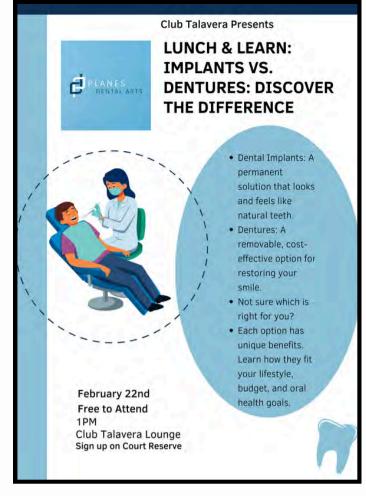


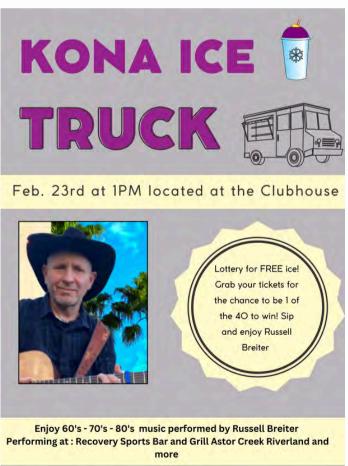


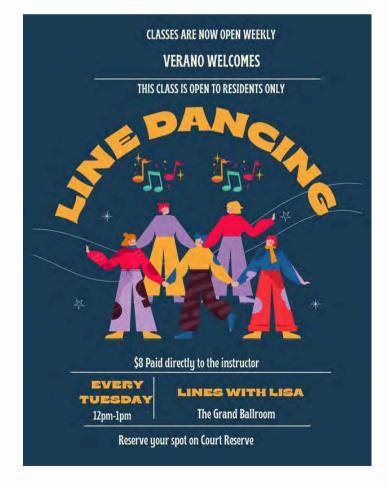








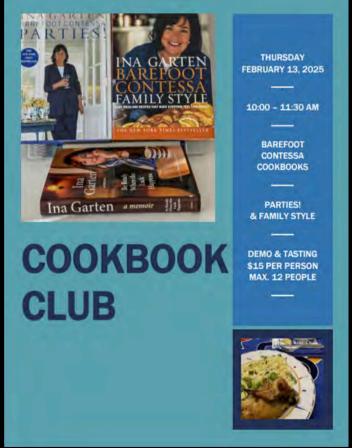












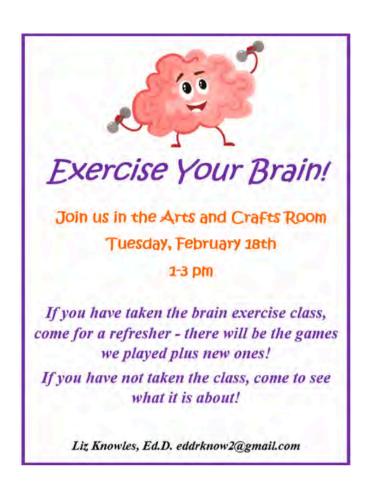












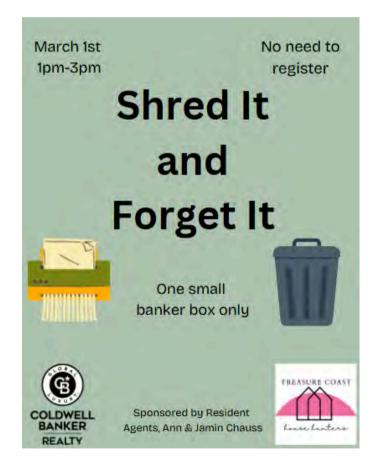




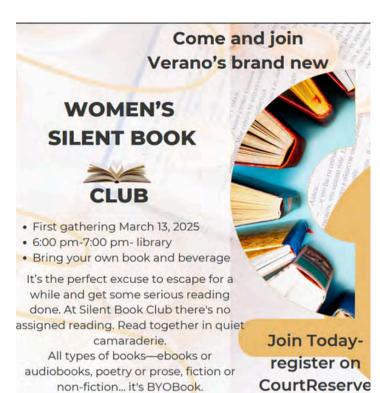






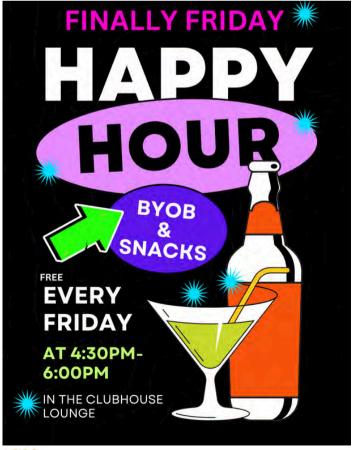


















Ingredients

Pico de Gallo:

1 pt. cherry tomatoes, chopped (about 1 cup)

1/2 tsp. kosher salt

1/4 cup finely chopped red onion (from 1 small [5-oz.] red onion)

1 (2-in.) jalapeño chile, seeded and finely chopped (about 2 Tbsp.)

2 Tbsp. finely chopped fresh cilantro (from 1 bunch)

1/2 Tbsp. fresh lime juice (from 1 lime)

Taco Dip:

1 (16 oz.) can refried beans

1 cup sour cream

1/2 cup (4 oz.) cream cheese, softened

1 (1-oz.) envelope taco seasoning mix (about 3 tablespoons)

11/4 cups homemade or prepared guacamole

1 cup chunky salsa

4 oz. pre-shredded Mexican 4-cheese blend (about 1 cup) (from 1 [8-oz.] pkg.)

1 cup shredded romaine lettuce (from 1 [7-oz.] head)

Tortilla chips, for serving

Directions

- 1. Strain tomatoes: Toss cherry tomatoes with salt in a small bowl until evenly coated. Transfer tomato mixture to a fine mesh strainer set over a medium bowl, and let stand at room temperature to drain for 20 minutes; discard liquid.
- 2. Prepare the Pico de Gallo: Stir together tomatoes, red onion, jalapeño, cilantro, and lime juice in medium bowl; cover and refrigerate until ready to use, or transfer to an airtight container and refrigerate up to 3 days.
- 3. Spread beans in baking dish: Spread refried beans in an even layer in the bottom of an 8-inch baking dish.
- 4. Make sour cream mixture: Stir together sour cream, cream cheese, and taco seasoning until well combined.
- 5. Add guacamole: Spread guacamole evenly over sour cream mixture.
- 6. Add salsa and cheese: Pour salsa over guacamole, and sprinkle evenly with cheese.
- 7. Add salsa and cheese: Pour salsa over guacamole, and sprinkle evenly with cheese.





ARTS & CRAFTS

WEEKLY SCHEDULE

MONDAY

Ceramics Class

w/ Nancy

1pm - 3pm

TUESDAY

Beginners Acrylic

Paint

10:30am -

10am -12pm 1pm -4pm 6pm -8pm

12:30pm

THURSDAY

Ceramics Class

w/ Nancy

9am - 11pm

Painting Club w/

A. Fucci

2pm - 4pm

FRIDAY-SUNDAY

Open





















MONDAY

TUESDAY

9AM Veterans Yoga 10:30AM Yoga \$ 11:30AM 24 Forms 3:30PM Silver Fit

Intermediate Tai Chi S 4:45PM Silver Fit

1PM Chair Yoga \$ 6PM Essentric Method S

FRIDAY

SATURDAY

10AM 7umha **10AM Stronger S** 11:45AM Piloga

3PM Essentric Method 4:30PM Mat Pilates \$

WEDNESDAY

8:30AM Kickboxing \$

10AM Intermediate Step &

Low Aerobics

11:15AM Yoga

7PM Tabata Class

THURSDAY

9AM Strength Class \$

10:15AM Agua Fitness

10:30AM Restorative

Yoga

11:30AM Tai Chi

1PM CHAIR Yoga \$

3:30PM Silver Fit

4:45PM Silver Fit

6PM Silver Fit S

PLEASE LOG INTO COURT RESERVE TO SAVE YOUR SPOT AND FOR MORE DETAILS! ANY CLASS WITH A \$PRICE PLEASE PAY DIRECTLY TO INSTRUCTOR

CLASS DESCRIPTIONS

AQUA FITNESS

ISTHE PERFORMANCE OF AEROBIC EXERCISE INWATERSUCHASINASWIMMING POOL, IT IS **DONEMOSTLY VERTICALLY AND WITHOUT SWIMMINGTYPICALLYIN WAIST DEEP** WATER.

ESSENTRICS

TRANSFORM HOW YOUR BODY FEELS, MOVES, AND HEALS. **EXPERIENCE OUR DYNAMIC STRETCHING** WORKOUT

INTERMEDIATE STEP AND LOW AEROBICS

A CLASSIC CARDIO WORKOUT. IT'S LASTED FOR DECADES FOR A SIMPLE REASON: IT DELIVERS RESULTS. THE "STEP" IS A 4-INCHTO 12-INCHRAISED PLATFORM. YOU STEPUP, AROUND, AND DOWN FROM THE PLATFORM IN DIFFERENT PATTERNS TO BOOST YOUR HEART RATE AND BREATHING, AND STRENGTHEN YOUR MUSCLES.

KICKBOXING

THEULTIMATECOMBINATION OF MARTIAL ARTS AND COMBAT SPORTS, IS SURE TO GET YOURHEARTPUMPINGANDYOUR ADRENALINE RUSHING, FROM PUNCHES AND KICKSTO KNEES AND ELBOWS, KICKBOXING IS A FULL-CONTACT SPORT THAT REQUIRES STRENGTH, SPEED, AND AGILITY.

MATPILATES AND PROPS

TWISTON CLASSIC PILATES **THATINCORPORATES PROPS** TOWORK EVEN MORE MUSCLEGROUPS!

PILOGA

PERFECT FOR THOSE WHO LOVE YOGA AND PILATES, AS THIS CLASS COMBINES THE BEST OF BOTH WORLDS! OUR AMAZING INSTRUCTORS DESIGN THE CLASS TO FOCUS ON FLEXIBILITY. IMPROVED POSTURE AND BALANCE, AND CORE STRENGTHENING.

PILATES

USES A COMBINATION OF APPROXIMATELY 50 SIMPLE, REPETITIVE **EXERCISES TO CREATE MUSCULAR EXERTION. ADVOCATES OF THIS SYSTEM** OF EXERCISE CLAIM THAT EXERCISES CAN BE ADAPTED TO PROVIDE EITHER GENTLE STRENGTH TRAINING FOR **REHABILITATION OR A STRENUOUS** WORKOUT VIGOROUS ENOUGH TO CHALLENGE SKILLED ATHLETES.

RESTORATIVE YOGA

IS A STYLE OF YOGA THAT ENCOURAGES PHYSICAL, MENTAL, AND EMOTIONAL RELAXATION. APPROPRIATE FOR ALL LEVELS, RESTORATIVE YOGA IS PRACTICED AT A SLOW PACE, FOCUSING ON LONG HOLDS, STILLNESS, AND DEEP BREATHING.

SILVER FIT

IS A FITNESS AND HEALTHY AGING **EDUCATION PROGRAM DESIGNED FOR** OLDER ADULTS AND IS PROVIDED BY **AMERICAN SPECIALTY HEALTH** FITNESS.

TAI CHI

IS A PRACTICE THAT INVOLVES A SERIES OF SLOW GENTLE MOVEMENTS AND PHYSICAL POSTURES, A MEDITATIVE STATE OF MIND, AND CONTROLLED BREATHING.

VETERANS YOGA

YOGA FOR VETERANS, FIRST RESPONDERS AND THEIR FAMILY MEMBERS.

YOGA

W/CHAIR OR MAT IS A PRACTICE THAT CONNECTS THE BODY, BREATH, AND MIND. IT USES PHYSICAL POSTURES, BREATHING **EXERCISES, AND MEDITATION TO** IMPROVE OVERALL HEALTH.

ZUMBA

ZUMBA IS A FITNESS PROGRAM THAT INVOLVES CARDIO AND LATIN-INSPIRED DANCE









RESISTANCE POOL

OUTDOOR POOL

MONDAY

OPEN SWIM

TUESDAY

OPEN SWIM

WEDNESDAY

12:30PM-1:30PM WATER AEROBICS

THURSDAY

OPEN SWIM

FRIDAY

10:15AM-11:15AM WATER AEROBICS

SATURDAY

OPEN SWIM

INDOOR POOL

MONDAY

9:00AM-10.00AM & 2:00PM-3:00PM WATER WALKING

TUESDAY

3:00PM-3:30PM INTRO TO WATER THERAPY \$ 4:00PM-5:00PM JAWS 1 \$

WEDNESDAY

9:00AM-10:00AM & 2:00PM-3:00PM WATER WALKING

THURSDAY

3:00PM-3:30PM INTRO TO WATER THERAPY \$ 4:00PM-5:00PM JAWS 2 \$

FRIDAY

9:00AM-10:00AM & 2:00PM-3:00PM WATER WALKING

SATURDAY

OPEN SWIM

LAP SWIM

MONDAY- FRIDAY

6:30AM-8:30AM

DURING LAP SWIM HOURS THE THREE MAIN LANES ARE OPEN FOR LAP SWIMMING, THE SMALL OUTER LANES MAY BE UTILIZED FOR WATER WALKERS.

PLEASE NOTE THAT IF YOU WOULD LIKE TO LAP SWIM DURING AN AEROBICS CLASS THIS IS AT THE INSTRUCTOR'S DISCRETION

REMINDERS

IN THE EVENT OF INCLEMENT WEATHER ANY OUTDOOR CLASS WANTING TO MOVE INSIDE WILL BE APPROVED BY CLUBHOUSE MANAGEMENT.

WATER AEROBICS ARE COMPLIMENTARY FOR RESIDENTS ONLY. NO RESERVATIONS NEEDED JUST GO TO THE POOL!

FITNESS INSTRUCTORS



CJ FISCHER

Is an aerobics and swimming instructor with over 25 years experience teaching at several clubs in South Florida.

Classes

Water Aerobics, Low Impact Intermediate Step & Low, Yoga and Piloga



JESSICA ROBERTS

Has certifications in yoga, tai chi, breathwork, and pain free range of motion. She is passionate about helping people find joy and improve health through mindfulness and movement. With over 18 years experience Jessica's classes promote physical, and mental health!

<u>Classes</u>

Restorative Yoga, Tai Chi, Chair Yoga



OSVALDO PARROTTA

Graduating with his masters degree in physical therapy and having over 30 years of experience in Orthopedics. He is certified in balance, stretching, aquatics, pilates and zumba core. Osvaldo is guaranteed to give a great workout while sharing his endless knowledge! Classes

Essentrics, Silver Fit Mat Pilates



BRITTNI CATRON

Empowers her clients to transform their well-being, guiding them towards sustainable habits and measurable results. Certified NASM Personal Training, Yoga 200hr, Schwinn Cycle, Group Fitness, Mat Pilates, CPR. Classes

Boot Camp, Yoga



MICHELLE MASCARI

Michelle has been an integral part of management in the fitness industry for over twenty-five years with her sales, management and instructor experience! Her high energy classes aim to promote confidence and strength training for all fitness levels!

<u>Classes</u> Strength, Agua Fitness



MERRY GASOREK

Merry Gasorek is a Florida Licensed theraptist with over 30 years experience and acquatic trained over 20 years. She is an ASAP (Arthritis Foundation Aquatic Program) Leader. She is trained to instruct excercise classes designed specifically for individules with Arthritis, related Rheumatic diseases or Muscoskeletal conditions. Trained in Orthopedic Rehabilitation.

Classes

Intro Water Therapy, Jaws 1 & Jaws 2



FRAN MURO

Is a 50+ years of experience in exercise instruction who loves teaching residents. She is known for kindness and caring nature.

<u>Classes</u>

Water Aerobics



JIM O'ROURKE

Is a Certified Connected Warrior Yoga Instructor. He is a veteran of the US ARMY and his goal is to help veterans and the family's of veterans become more active! Classes

Yoga for Veterans & First Responders



FITNESS INSTRUCTORS



DONNA HOWARD

Zumba instructor, whose love for Latin-infused fitness has transformed lives. Zumba becomes more than just a workout - it's a joyful celebration of movement. With easy-to-learn choreography blending salsa, merengue, cumbia, and reggaeton rhythms. Discover how Zumba has not only enriched Donna's life but has also empowered her students. Fun and fitness intertwine seamlessly, leaving everyone energized and uplifted.

Classes Zumba



RON EALY

Ron is a fitness instructor certified in Cardio Kick Boxing. He has been teaching this for over twenty five years starting in New York and then came down here to Florida. He's taught at many of the local gyms here in Port St. Lucie, Stuart, and Fort Pierce. LA Fitness, Golds Gym, Anytime Fitness, TNT Fitness, Mid Florida and the YMCA Classes

Cardio Kickboxing



JEAN KULHAN

Started dancing ballet at age 7 in NYC and years later teaching ballet to children. She was a soloist on stage dancing professionally in NY & NJ with various ballet companies. She performed and taught ballroom dancing for over 30 years and offers private and group ballet barre and ballroom instructions. Classes will resume Feb. 2024 Classes Ballroom Dancing Water Ballet

PERSONAL TRAINERS



PAUL GLODIS

Get Fit! Be your best YOU! All levels from beginner to advanced. 40+ Years Experience, Bachelors in Health focusing on Cardio -Strength - Balance - Stretching -General Health PHONE: 561-685-3384

EMAIL: pglodis53@gmail.com



EVELYN MOYER

Each program emphasizes important principles of fitness training: stretching, cardio, strength training, and balance. Private, semiprivate, small groups.

EMAIL:

bodyformationfitness@gmail .com

PHONE: 410-952-9498



MICHAEL HANLON

Personal Training with Mike. Meet your fitness goal with a professional trainer. Group training or One on one available. Contact Mike: michael.hanlon@axisintegrated.com



PILAR TARAZONA

Personal Trainer specializing in weight loss, pilates, high intensity interval, aging specialist, brain health and stroke recovery training Contact: 240-446-8831 or pilartarzonac@gmail.com



Relaxation Massage

De-stress and unwind during this full-body massage with light to medium pressure.

50 Min-\$80 80 Min - \$120

Deep Tissue Massage

Find relief from chronic pain, tension and tightness caused by injury or overworked muscles.

50 Min-\$90 80 Min - \$135

Hot Stone Massage

Tension melts away as warm stones are used over the entire body. 50 Min-\$100 80 Min - \$150

Sports Massage

Improve your athletic performance and reduce the risk of injury with a combination of deep tissue massage and stretching.

50 Min-\$100 80 Min - \$150







PHONE: 610-425-0090 EMAIL: RCB113@yahoo.com No Paddle? No problem, we have loaners!

PICKLEBALL

Chip Bell is a Certified IPTPA Pickleball Coach. With 20+ years coaching experience and a passion for the the game of pickleball, he is qualified to teach everything from basic rules and fundamental skills, to advanced shot strategies.

Chris Bell is a certified IPTPA Pickleball Coach and avid tournament player. Her focus is group lessons with an emphasis on game strategy and partner work.

In addition to hour-long lessons, Chris and Chip also offer a variety of 90 minute weekly clinics for various levels ranging from 2.5-4.0+ For details or to sign up, go to the Events section of Court Reserve select pickleball, and then pickleball clinics.

RATES

1-2 people \$80 Per hour

3+ People \$30 Per Person Per hour

Clinics:

\$30 for 90 minute clinics, see Court Reserve for details

PICKLEBALL BI-WEEKLY CLINIC

LESSON PLAN

- -Learning how to keep score
- -Serving
- -Returning serves
- -Basic strategy
- -Ready Position

BENEFITS OF CLINIC

- -Meeting place for new pickleball players
- -Introduction into
- Verano Pickleball
- Community
- -Added to pickleball contact list
- -Introduction to coaches that can help
- further their game

1st & 3rd Wednesday every month at 1PM up to 8 Players or 2 Courts. Minimum of 3 to play out games.

For more information contact Chip (610)-425-0090 No equipment needed Paddles and balls supplied.

1st and 3rd Wednesday every month 1PM-2PM Sign up on Court Reserve Court #26 and #27





TENNIS ETIQUETTE FOR BEGINNERS:

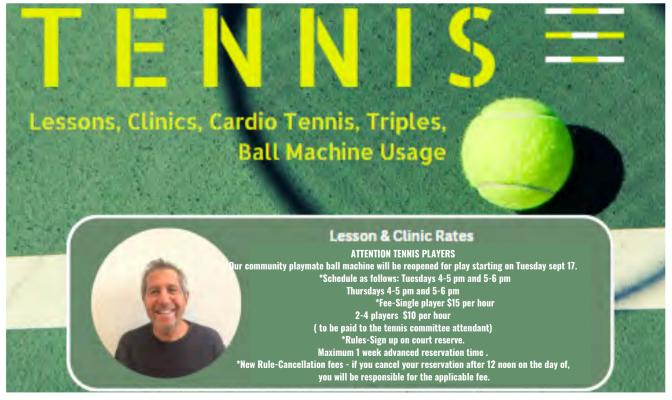
COURTESY: TENNIS IS A GAME THAT REQUIRES COOPERATION AND GOOD SPORTSMANSHIP FROM ALL PLAYERS.

BE PREPARED:BRING BALLS, TOWELS AND WATER. WEAR PROPER TENNIS SHOES TO AVOID DAMAGING THE COURT OR HURTING YOUR FEET.

BE QUIET: KEEP YOUR VOICE DOWN WHEN NEAR A COURT IN USE.

KEEP SCORE: THE SERVER SHOULD CALL THE SCORE LOUDLY AND CLEARLY.
THE RECEIVING TEAM SHOULD ALSO KNOW THE SCORE.
ACKNOWLEDGE GOOD SHOTS FROM YOUR OPPONENT.
SHAKE HANDS AT THE CONCLUSION OF YOUR MATCH.

RESPECT LINE CALLS: ALWAYS RESPECT YOUR OPPONENTS LINE CALLS. IF THERE IS A DISAGREEMENT OFFER A "LET" AND REPLAY THE POINT.











VERANO CLUBS & COMMITTEES

ARTIFICIAL INTELLIGENCE CLUB 8 BALL CLUB 3rd Monday at 730PM- Theater

Donald M. donm6821@gmail.com 954-448-6570

BOOK CLUB

1ST Monday at 3PM- Library Robin B. RJBeinhorn@gmail.com

VERANO BOCCE CLUB

TUESDAYS & FRIDAYS 6PM Tom M. 443-765-1581

NY BOCCE CLUB

Thursday 6PM Silvana C. 914-774-6352

BINGO CLUB

John Testa jrt158@yahoo.com

BOOK CLUB

3rd Tuesday- Clubhouse Patio caroleak72@aol.com 516-384-2525

SASSY SAMBA CLUB

Wednesdays 10AM Linda R.

THE CANASTA CONS CLUB

Thursday 1230PM Rosemary D.

CANASTA CANASTERS CLUB

Thursdays 1PM Peggy F.

HAND & FOOT THURSDAY **NIGHT CLUB**

Thursday 6PM Hank G.

JIMMY C'S HIGHWAY KAROAKE

JIMMY C. 908-581-9438

Tuesday's 530PM-8PM Mort L. 772-349-4959

BUNCO CLUB

2nd Tuesday Dorothy F.

VERANO BOOK CLUB

3rd Saturday at 3PM Patricia B. natlk@vahoo.com

WOMENS ARTS & CRAFTS CLUB

Barbara F. veranoartscraftsclub@gmail.com

CROCHET CLUB

Mvra A. 787-365-3501 rxarvm23@gmail.com

CLUB FIT

Michelle M. 954-670-4818 mmascari33@gmail.com

CANASTA CUTIES CLUB

Phyllis F.

Pferrara@gmail.com

MONTHLY COMMUNITY FOOD DRIVE

Bill W. 401-338-7540

PGA VERANO TRAVEL ROUND TABLE

Jean K. jeanlikestotravel@gmail.com

ROYAL SIAMESE MAHJONG CLUB

Mondays & Wednesdays 1PM Jane K.

SAMBA LADIES

Debbie I.

MONDAY NIGHT BOCCE CLUB

6PM -8PM Garv C. **MAHJONG CLUB**

Nanette F.

PING PONG OF VERANO CLUB

Monday 6PM-8PM Mort 1, 772-349-4959

POKER GUYS CLUB

Tuesdays 6PM Richard B.

PICKLEBALL CLUB

veranopickleballclub@gmail.com

TN POKER CLUB

Thursday 6PM Todd N. 860-984-6435

OPEN PAINTING & CRAFTS CLUB

Thursdays 2PM-4PM Armita F. 646-623-0233

TENNIS CLUB

Dave Badal 772-302-7953 dv2664@verizon.net

LADIES BIBLE STUDY CLUB

Thursdays 1230PM Naomi M. 732-690-1565 Naomi7@PTD.net

VERANO HAND & FOOT CLUB

Wednesday 545PM Donna T. 772-696-4282 Donnatiberi53@vahoo.com

ITALIAN AMERICAN CLUB

Silvana C. 914-774-6352 Silvana@rocksolidstones.com

CHESS QUEENS GAMBIT CLUB

Wednesday 2PM-5PM Library Dorothy F. dfletchO@yahoo.com Sonia M. soncoarmi@aol.com

THE GEMS MAHJONG CLUB

Thursday 1PM-3PM Linda Berkwitz pdogmom3@aol.com Dory Campbell dotierock@gmail.com

COOKBOOK CLUB

2nd Thursday- Demo Kitchen Lorraine M.

VERANO CAR CLUB

Last Wednesday /mo @430PM Patricia B. 302-563-9644 Mike F. 732-682-4387

PGA VERANO CHESS CLUB

Thursday 1PM-4PM- Library Walter S. 772-307-7790 wschoellnast@msn.com

THE BEAT GOES ON- DANCE CLUB

Silvana C. (914)-774-6352 Ava C. (352)-801-0952

SINGLES CLUB

Walna A.

TUESDAY MORNING MAHJONG

Dorothy Fine

THURSDAY MORNING SAMBA CLUB

Thursday 10AM-130PM Marlene C.

VERANO BOURBON TASTING CLUB

David B. 917-612-0128

YOU TUBE STEP/WEIGHTS CLUB

Monday - Friday Karen A.

LATIN AMERICAN CLUB

Maria Z. zvolenski56@hotmail.com

HAPPY FEET YOUTUBE LINE DANCING

Cynthia J. 772-538-2506



VERANO CLUBS & COMMITTEES

FAMILY FUN CLUB

Jillian B. 954-798-5815

THE GARDEN CLUB

1st Tuesday of the month Melany C. 631-747-7693 melaniev380@gmail.com

GIN RUMMY CLUB

Wednesdays 10AM- 2PM Sebastian D. 631-949-6695

BRAIN EXERCISE CLUB

Liz. K eddrknow2@gmail.com

DICE WARS CLUB

First Friday- Lounge Silvana 914-774-6352

VERANO BOAT CLUB

Ken Richter 772-408-4341

FLORIDA MAHJONG CLUB

Margaret Leffert 401-265-9462

OVER THE HILL CLUB

Betty Souza nursebettv13@comcast.net

RACK EM UP BILLIARDS CLUB

Frank Gallina frankgallina01@gmail.com

VERANO BILLIARD SHOOTERS CLUB

Ken Pacelli 315-382-4389 Tom Colina 561-632-6700

OUILT CLUB

Dorothy Hahn 516-234-8211

DOMINOES CLUB

B. Wirgowski wirgo@aol.com 828-773-5100

DIAMOND DIVAS CLUB

Jennifer T. jbtandgredi@gmail.com

DVD OUEENS CLUB

Mon., Wed., Fri. 2PM-3PM- Aerobics Room sweetcarolinesilver@gmail.com

DOMINOES CLUB

Monday & Friday 1PM-5PM R. Hodgert 772-212-2084

YOUTUBE AEROBICS CLUB

Mon-Fri 7:45AM-9AM-Aerobics Room Bonnie N. bnicotra@gmail.com

WATER WALKING CLUB

Mon. Wed. Fri. AM Margit M. PM Elizabeth E.

MAHJONG MAVENS

Dale Eisenshtat dalenciw@msn.com

VERANO BROTHER'S & SISTER'S FOR SINGLES CLUB

Kimberly Rose 954-218-3263

THE TALONS CLUB

Linda Halpern 610-393-9844

POKER BUDDIES CLUB

Judy Gadler 619-865-2306

TAI JI QUAN MOVING FOR BETTER **BALANCE CLUB**

Debra Cohen 9148440679

POKER CLUB

Tues, 5PM Nelson D. 772-233-7641 nelsonebow@gmail.com

PARTY BRIDGE CLUB

Wednesday 1PM Marian M. 631-404-5943

WW MAHJONG CLUB

E. Eby- healthgain@aol.com

MAHJONG LESSONS CLUB

Cynthia J. 772-538-2506

MAHJONG MONSTERS CLUB

Monday & Wednesday-Donna S.

KNITTING CLUB

2nd & 4th Monday- 3PM Robin B. rjbeinhorn@gmail.com

VERANO SPORTING CLAYS CLUB

Harry 772-834-2210

MONDAY NIGHT SAMBA CLUB

Monday 5:45PM veranosambaclub@gmail.com

SWISS BRIDGE CLUB

Vanessa Hendry 203-517-6746

ALEXANDRAS MAHJONG CLUB

Alexandra 516-286-6053

WE'RE BRINGING BACK "JANE FONDA" CLUB

Arlene Hardwick 6314058360

VERANO VETERANS COUNCIL

lim 0. 561-427-9191

SHALOM CLUB

Bobbi S. shalomverano@gmail.com

VERANO SKATING CLUB

Talvta R.

pgaveranoskateclub@gmail.com

TALAVERA POKER CLUB

Sue C. hevsue222@gmail.com

VERANO WOMENS CLUB

Jovce Hartpence veranowomen@gmail.com

HEAVEN BOUND BIBLE STUDY

Marsha Medders marsha.medders@gmail.com 678-346-8823

CRESSWIND SOCIAL CLUB

creswindsocialclub@gmail.com

TELEVERA CLUB

POKER Sue Colton 724-991-9422

ALLISONS CARDIO LINE DANCING

Allison Denbow 954-260-8159



















CLUB TALAVERA

FEBRUARY 2025